



WIMBERLEY
DENTAL & WELLNESS

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Post-op Instructions - Crown Preparation(s)

If you've had a crown preparation(s):

The numbness should last another 2-3 hours. Be careful not to bite yourself or eat anything really hot because you won't be able to evaluate temperature and you could burn yourself.

You should floss around your temporary crown by flossing down and pulling the floss out the side, not back up. This could dislodge crown. You can also put a small knot in floss to clean better around temporary. If your bite feels off after numbness wears off, call the office and we will get you in for a quick adjustment.

Be very careful with the foods you eat on the side of your temporary. Avoid sticky, hard foods (i.e. gum, candy, nuts, bread, granola). If your temporary does come off, try putting it back on with a thin layer of toothpaste and call the office. We need to get you back in as soon as possible to re-cement temporary. The temporary is **important** as it maintains the space for your permanent crown and protects the remaining tooth. This is not considered an emergency, but we will get you in ASAP to have temporary re-cemented or re-made if it breaks.

It is normal for your tooth to be sensitive for a few days to temperature. If there is severe pain (pain which wakes you up in middle of night), let us know immediately. The sensitivity should progressively get better. It is also normal for your gums and the site of injections to be tender for a few days. Rinsing with warm salt-water rinses and taking 600mg of Ibuprofen and 500mg of Tylenol every 6 hours should alleviate discomfort. If you have any additional questions or concerns please call office at 512-847-8934.