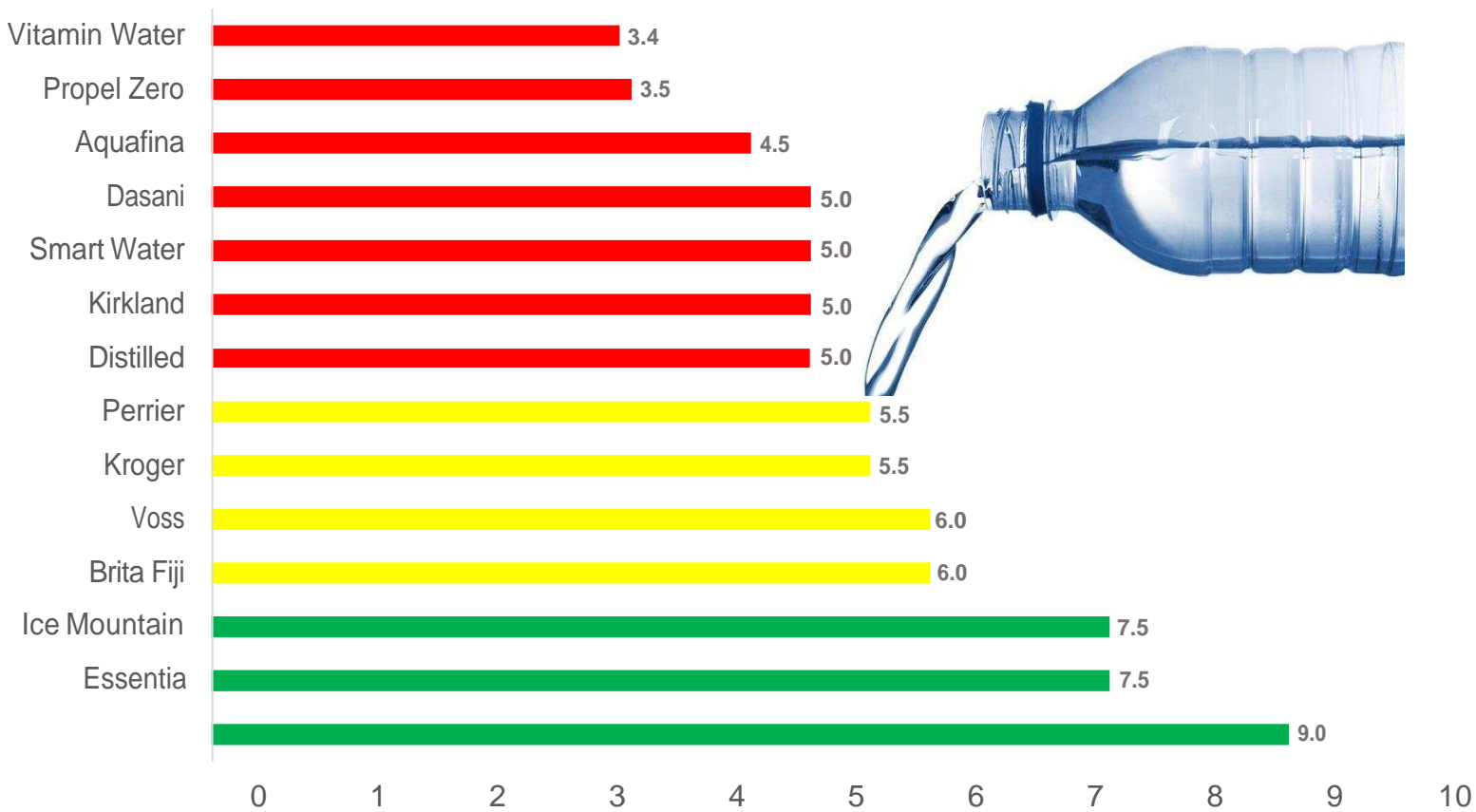


Acidity Index (pH) of Common Store Bought Water



Have you ever considered whether or not the water bottle you just purchased contains acidic or alkaline water? The term pH is a measure of the concentration of hydrogen ions in a diluted solution. The range goes all the way from 0 (most acidic) to 14 (most alkaline) with 7 marking the neutral point. Depending on where your water falls on the acidity scale will determine it's health value or lack thereof. The U.S. Environmental Protection Agency, which classifies pH as a secondary drinking water standard, recommends a pH between 6.5 and 8.5 for drinking water.