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PAIN MANAGEMENT

The management of mild to moderate dental pain and/or temporomandibular joint (TMJ) pain can usually be controlled by over-the-counter medications, such as ibuprofen and acetaminophen.

Ibuprofen is a non-steroidal anti-inflammatory drug (NSAID). It works by reducing hormones that cause inflammation and pain in the body. Ibuprofen is sold under the brand names Advil and Motrin. It is available in 200mg tablets or capsules.

Acetaminophen is an analgesic pain and fever reducer. It is sold under the brand name Tylenol and is available in 325mg or 500mg tablets or capsules.

Generally it is safe to take ibuprofen and acetaminophen together for pain as they both work in slightly different ways. DO NOT TAKE these medications if you have knowingly had an allergic reaction to either one. Even though the risk of adverse drug reactions are low with ibuprofen and acetaminophen these medications may not be suitable for everyone. Ibuprofen can cause adverse effects of the GI tract, cardiovascular effects, and kidney toxicity; Acetaminophen can produce liver damage. This is why it is extremely important that you have disclosed an accurate health history along with listing all current and as needed medications (including all over the counter medications). Take these medications only as recommended by Dr. Roe and call the office immediately if you have any adverse reactions.

Take (3) 200mg Ibuprofen

And

(1) 325mg OR 500mg Acetaminophen every 6 hours for _____ days. Then AS NEEDED for pain.

*DO NOT exceed 3000mg acetaminophen or 2400mg ibuprofen in 24 hours unless specifically advised by your Dentist. DO NOT consume alcohol or start any new medications while on this regimen before consulting with your physician or pharmacist.